

**THE AVALON  
AT LEWIS CENTER**

**Week of**                      **May 7, 2023**

**♥ House Salad**

*Iceberg & Romaine, Shaved Carrots,  
Cucumber, Pear Tomato, Dressing Choice*

**The Avalon Salad**

*Mandarin Oranges, Pecans, Dried  
Cranberries, Fresh Spinach, with your  
Favorite Dressing Choice*

**Classic B.L.T.**

*Bacon, Lettuce, Tomato on Choice of  
Bread, Choose a Side*

**Grilled Cheese Sandwich**

Choice of Cheese and Bread, Choose a  
side.

**Egg Salad Platter/Sandwich**

as a platter with hard boiled egg,  
tomatoes, cucumbers and crackers OR as  
a sandwich on choice of bread with  
chips.

**Dressings**

<i>Buttermilk Ranch</i>	<i>Chunky Bleu Cheese</i>
<i>Golden Italian</i>	<i>1000 Island</i>
<i>Balsamic Vinaigrette</i>	<i>Classic French</i>
<i>Honey Mustard</i>	<i>Poppyseed Dressing</i>

**The Avalon Burger**

1/4 lb. Chuck Patty with Lettuce, Tomato,  
Onion and Pickle on a Butter Toasted  
Bun, choice of side and beverage. With  
or Without Cheese.

**\*\*\*\*please allow time for cooking**

**The Burger Bowl**

*Burger, No Bun. Add a Side Dish or Two*

**All Beef Hot Dog**

*Grilled Hot Dog with Relish, Onions,  
Mustard and Tomatoes with Choice of  
Side*

**Grilled Chicken Breast**

*Honey Balsamic Glaze  
Choose Two Side Dishes*

**\*\*\*\*please allow time for cooking**

**Club Sandwich**

*Turkey, Ham, Lettuce, Tomato, Bacon,  
Mayo on Toast with Chips*

**Available Side Dishes**

<i>Baked Sweet Potato</i>	<i>Baked Potato</i>
<i>Cottage Cheese</i>	<i>Onion Rings</i>
<i>Fresh Fruit</i>	<i>Sweet Potato Fry</i>
<i>Vegetable Medley</i>	<i>French Fries</i>



♥ Heart Healthy Item

\* Gluten Minimized Preparation