

House Salad ¥

Iceberg and romaine lettuce, shaved carrots, cucumber, pear tomato, and dressing choice

THE AVALON SALAD ¥

Mandarin oranges, pecans, dried cranberries, fresh spinach, and dressing choice

CLASSIC BLT

Bacon, lettuce, tomato on choice of bread *Choose a side dish*

GRILLED CHEESE SANDWICH

Choice of cheese and bread Choose a side dish

EGG SALAD PLATTER/SANDWICH

A platter with hard-boiled eggs, tomatoes, cucumbers and crackers
OR

A sandwich on choice of bread Served with chips

THE AVALON BURGER

1/4-lb. chuck patty (with or without cheese) with lettuce, tomato, onion and pickle on a butter-toasted bun

Choose a side dish and beverage

Please allow extra time to cook —

THE BURGER BOWL

Burger without the bun Choose a side dish (or two!)

ALL-BEEF HOT DOG

Grilled hot dog with relish, onions, mustard and tomatoes

Choose a side dish

GRILLED CHICKEN BREAST

Chicken breast with a honey-balsamic glaze Choose two side dishes

— Please allow extra time to cook —

CLUB SANDWICH

Turkey, ham, lettuce, tomato, bacon and mayonnaise on toast Served with chips

Dressings

Buttermilk Ranch Golden Italian Balsamic Vinaigrette Honey Mustard Chunky Bleu Cheese Thousand Island Classic French Poppy Seed

Side Dishes

Baked Sweet Potato Baked Potato Cottage Cheese Fresh Fruit

Vegetable Medley Onion Rings Sweet Potato Fries French Fries

♥ Heart-Healthy Item

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