September 2026

September AL monthly

created with Sogosy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Power in Motion w/ Powerback Rehab. [FR] 10:30 Catholic Communion and Rosary [C] 11:00 Family Feud Game [FR] 1:30 Pass the Pig! MC vs AL 2:30 Self Care Spa Day [DC] 6:00 Movie [T]	**2** 10:00 Seated Dance Exercise [FR] 10:30 Manicures [CH] 11:30 Carl's Country Store Open [CS] 2:30 Everything BUT-Painting [CH] 6:00 Movie [T]	**3** 10:00 Let's exercise - Chair Volley Ball [DC] 11:00 Flower Cutting in The Courtyard [CY] 1:30 Euchre Club [B] 2:30 Music by Rodger Waite [DC] 3:30 Flower Arranging [CY] 6:00 Movie [T]	**4** 10:00 PWR! w/ PowerBack [FR] 1:30 Bible Study w/ Nathon from Vitas [C] 2:30 Fall Prevention BINGO! [DC] 6:00 Movie [T]	**5** **Activity Packet (FD)** 11:30 OSU Pregame w/ Roxanne! [DC] 12:30 Buckeyes First Game w/ Roxanne [FR] 1:30 Resident Lead Walk in Courtyard [CY] 6:00 Movie [T]
6 **Activity Packet (FD)** 10:00 Coffee and Donuts [CH] 11:00 Live Stream, Non-Denominational Church Service [T] 6:00 Movie [T]	**7** **Labor Day** 10:30 Target Shopping [O] 11:00 Fall Prevention Health Chat [CY] 1:30 Coffee Social w/ Howe Clapper [L] 2:30 Q-Tip Painting 3:30 Resident Lead Walk in Courtyard [DC] 6:00 Prayer Group [C]	**8** **Duck Scavenger Hunt Begins!** 10:00 Power in Motion w/ Powerback Rehab. [FR] 1:30 Tuesday Ted Talk 2:30 Decorating Flower Pots 3:30 Planting Our Flowers [DC] 6:00 Movie [T]	**9** 10:00 Seated Dance Exercise [FR] 10:30 Manicures [CH] 11:00 Non-Denominational Church [C] 11:30 Carl's Country Store Open [CS] 2:30 Football Bracelet Making w/ Sam [DC] 3:30 Sink or Float? [DC] 6:00 Movie [T]	**10** 10:00 Let's exercise - Chair Volley Ball [DC] 11:00 Advice from You! [L] 1:30 Euchre Club [B] 2:00 PWR! w/ PowerBack [FR] 2:30 TV Dinner Tasting [DC] 3:30 50's/60's TV Trivia [DC] 6:00 Movie [T]	**11** 10:30 Dr. Dance [FR] 11:00 9/11 Remembrance Flag Outing [O] 1:00 Book Mobile [L] 2:30 Making Pom Poms & Foam Fingers [CH] 3:30 Football Toss [CH] 6:00 OH vs. TX Tailgate [T]	**12** **Activity Packet (FD)** 10:30 Abe Lincon Historical Presentation [FR] 1:30 Dumpster Dice [CY] 6:00 Movie [T]
13 **Activity Packet (FD)** 10:00 Coffee and Donuts [CH] 11:00 Live Stream, Non-Denominational Church Service [T] 2:00 Berlin Brain Health Visit [DC] 6:00 Movie [T]	**14** 10:00 Watering Our Plants in the Courtyard [CY] 10:30 Fun w/Delaware Co. Master Gardner's [CH] 1:30 Dr. Dance Prayer & Worship [C] 2:30 Making Apple Pie Cups [DC] 3:30 RICE Word Game [FR] 6:00 Prayer Group [C]	**15** 10:00 Power in Motion w/ Powerback Rehab. [FR] 10:30 Catholic Communion and Rosary [C] 2:30 Arm Chair Travel [B] 3:30 Pool League [FR] 6:00 Movie [T]	**16** 10:00 Seated Dance Exercise [FR] 10:30 Manicures [CH] 11:30 Carl's Country Store Open [CS] 2:30 Guacamole Making [DC] 3:30 Trio Dip Social [DC] 6:00 Movie [T]	**17** 10:00 Let's exercise - Chair Volley Ball [DC] 10:30 Craft w/ PowerBack [DC] 1:30 Euchre Club [B] 2:00 PWR! w/ PowerBack [FR] 2:30 "A Day At The Fair" Happy Hour & Games [CH] 6:15 Book Club w/ Kim [T]	**18** 10:00 Let's Exercise - Cardio Drumming [FR] 10:30 Firebirds Outing [O] 1:30 Bible Study w/ Nathon from Vitas [C] 2:30 Paint & Sip [CH] 3:30 BINGO! [CH] 6:00 Movie [T]	**19** **Activity Packet (FD)** 10:00 Walking Club 1:30 Dumpster Dice [CY] 2:30 Fall Craft [DC] 6:00 Movie [T]
20 **Activity Packet (FD)** 10:00 Coffee and Donuts [CH] 11:00 Live Stream, Non-Denominational Church Service [T] 6:00 Movie [T]	**21** **Apple Harvest Festival** 10:00 Autumn Courtyard Walk [CY] 10:30 Meijer Shopping [O] 11:00 Apple Tasting [CH] 1:30 "Apple Orchard" Community Mural [B] 2:30 Apple Cider & Snacks [B] 3:30 Apple Themed Trivia w/ Prizes [DC] 6:00 Prayer Group [C]	**22** 10:00 Power in Motion w/ Powerback Rehab. [FR] 11:00 Coffee & News [B] 1:30 Fall Snack Mix [DC] 2:30 Making Pinecone Bird Feeders [CY] 3:30 Pool League [FR] 6:00 Movie [T]	**23** 10:00 Seated Dance Exercise [FR] 10:30 Manicures [CH] 11:30 Carl's Country Store Open [CS] 2:45 Fine Art Class [CH] 6:00 Movie [T]	**24** 10:00 Let's exercise - Chair Volley Ball [DC] 1:30 Euchre Club [B] 2:00 PWR! w/ PowerBack [FR] 2:30 September Birthday Celebration [CH] 6:00 Movie [T]	**25** 10:00 Let's Exercise - Cardio Drumming [FR] 10:30 Ohio Historical Museum Outing [O] 2:30 One Hit Wonder Happy Hour [DC] 3:00 Music Trivia w/ Prizes [DC] 3:30 BINGO! [CH] 6:00 Gallery Hop [FR]	**26** **Activity Packet (FD)** 10:00 Walking Club 1:30 Dumpster Dice [CY] 6:00 Movie [T]
27 **Activity Packet (FD)** 10:00 Coffee and Donuts [CH] 11:00 Live Stream, Non-Denominational Church Service [T] 2:00 Berlin Brain Health Visit [CY] 6:00 Movie [T]	**28** 10:00 Watering Our Plants in the Courtyard [CY] 10:30 Kroger Shopping [O] 1:30 Independent Coffee Social [L] 2:30 Resident Council [C] 3:30 Puzzling w/ Friends [FR] 6:00 Prayer Group [C]	**29** 10:00 Power in Motion w/ Powerback Rehab. [FR] 10:30 Catholic Communion and Rosary [C] 1:30 Pass the Pig! MC vs AL [CH] 2:30 Coffee Tasting [B] 3:30 Pool League [FR] 6:00 Movie [T]	**30** 10:00 Seated Dance Exercise [FR] 10:30 Manicures [CH] 11:30 Carl's Country Store Open [CS] 2:30 Fall Flavored Parfaits [DC] 6:00 Movie [T]			

THE AVALON
of Lewis Center

Location Keys

Bistro	B
Carl's County Store	CS
Chapel	C
City Hall - 1st Floor Dining	CH
Courtyard	CY
Deshler Club - 2nd Floor Dining	DC
Family Room	FR
Lobby	L
Outings	O
Theater Room	T

Transportation Reminder

If you have an appointment, please complete the transportation form at the front desk.

Country Store

Country store will be open every Wednesday from 11:30AM-12:30PM. Located near the Salon!